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## PRACTICAL INFORMATION

### Today's lecture:

- principles of experimental design, with brief overview of ideas and methods,
- a range of classical block designs, including cross-over designs,
- more focus on data analysis than on design construction.<sup>1</sup>

### Guidelines for textbook reading:

- **skip** entirely: discussions of efficiency (13.2.3, 13.3.5, pp. 362<sub>7</sub>—368<sup>11</sup>) and advanced sections (13.5, 14.2-7), as well as refs to Chapters 11-12, incl. Hasse diagrams,
- **cross-over designs**: GO Sections 13.3.1, 13.3.4, 13.3.6, 16.7.<sup>2</sup>

### Other news:

- **home assignment #3** (for all) **due** on Monday (1/3),
- slightly **expanded do-file** for Lecture 6 posted under lab 6 (Minitab/Stata page).

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<sup>1</sup> More detailed references, in particular for design construction:

- \* Cochran & Cox: *Experimental Designs* (UPEI library),
- \* Box, Hunter & Hunter: *Statistics for Experimenters* (UPEI library),
- \* Dean & Voss: *Design and Analysis of Experiments* (UPEI library e-book collections; link via course homepage).

<sup>2</sup> Lecture notes also incorporate material from:

[1] Senn (2005), Crossover Designs, In: *Encyclopedia of Biostatistics* (available electronically at UPEI library),

[2] Toutenburg (2002), *Statistical Analysis of Designed Experiments*, Chapter 9 (also electronic access at UPEI library).

## INTRODUCTION TO EXPERIMENTAL DESIGN

### What characterises an experiment?<sup>3</sup>

the experimenter imposes **treatments** onto the **experimental units** from which responses are measured.

### Advantages of an experiment:

- allows (potentially) to **conclude about causation**,<sup>4</sup>
- can be designed to give **small error** in comparisons,
- can be designed to **avoid/minimise bias** in comparisons.

### Plain glossary for experimental design:

- **treatments** (short form: tx's): the different procedures to compare,
- **experimental units** (EUs): the “things/subjects” to which treatments are applied,
- **responses**: outcomes of interest to compare, observed at EUs after treatments are applied,
- **randomisation**: random assignment of treatments to experimental units (to avoid unexpected patterns),

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<sup>3</sup> As opposed to observational studies.

<sup>4</sup> The reasoning goes: “If experimental units differ only (ideally) by their treatments, any differences beyond random fluctuations in their responses must be caused by the treatments”.

- **experimental error**: variation between equally treated units (both population and observed values),
- **measurement units**: the actual objects on which responses are measured (may be smaller than the EUs),
- **blinding**: response evaluators do not know the treatment allocation,
- **control**: treatment consisting of “no treatment”, possibly **placebo** (inactive treatment),<sup>5</sup>
- **factor**: (controlled) explanatory, categorical variable,
- **level/category**: specific value of factor/treatment,
- **replication**: multiple “identical” experimental units (sometimes, confusingly, repetitions of the entire experiment<sup>6</sup>),<sup>7</sup>
- **blocking**: division of EUs into homogeneous groups (discussed from 7L–5 onward),
- **balancedness** = (generally) all treatment levels occur the same number of times,
  - \* **desirable** property of a design, but not indispensable,<sup>8</sup>
  - \* gives **same precision** on all treatment estimates and comparisons, and simple computational formulae,
- (technical) **confounding**: the effect of one factor/treatment cannot be distinguished from that of another factor/ treatment (different meaning than in epidemiology!).

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<sup>5</sup> The main purpose of a control group is to control lurking variables/confounders.

<sup>6</sup> Repetition of an entire experiment would usually be considered a blocking factor.

<sup>7</sup> The purpose of replication is to enable estimation of experimental error.

<sup>8</sup> Balancedness is necessary for some ANOVA methods – however, (general) **linear model methods** always apply.

## A CHECKLIST FOR PLANNING EXPERIMENTS

(from Dean & Voss, Chapter 2, pages 7–14)<sup>9</sup>

- (a) Define the objectives of the experiment.
- (b) Identify all sources of variation, including:
  - (i) treatment factors and their levels,
  - (ii) experimental units,
  - (iii) blocking factors, noise factors, and covariates.
- (c) Choose a rule for assigning the experimental units to the treatments (the narrow meaning of experimental design).
- (d) Specify the measurements to be made, the experimental procedure, and the anticipated difficulties.
- (e) Run a pilot experiment.
- (f) Specify the (statistical) model.
- (g) Outline the (statistical) analysis.
- (h) Calculate the number of observations that need to be taken.
- (i) Review the above decisions. Revise if necessary.

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<sup>9</sup> Chapter 2 is also available at the VHM 802 Moodle account.

## BLOCK DESIGN VERSUS COMPLETELY RANDOMISED DESIGN

**Blocks** = groups of homogeneous experimental units (EUs), so that

- EUs are **more alike within than between groups**, before and during experiment, possibly because:
  - \* EUs within blocks **share inherent characteristics** that cannot be assigned to them (e.g., gender, location).

**Contrasting** block and completely randomised designs:<sup>10</sup>

Characteristic	Block design	Completely randomised design
Randomization of tx's	within EUs per block	among all EUs
Replication of tx's	possible, <b>not necessary</b> $\leq 1$ or $\geq 1$ EU per tx per block	<b>necessary</b> $> 1$ EU per tx
Error variance	among EUs per block (if no tx's)	among all EUs (if no tx's)
Balancedness	different meanings, simplest: same # EU per tx per block	same # EU per tx
Model impact	<b>include block effects</b>	none

**How to distinguish** completely randomized and block designs?

— (GO) follow the randomisation!

<sup>10</sup> Basic introductions to the two designs were given in Lecture 2 of VHM 801.

## STATISTICAL ANALYSIS OF BLOCK DESIGNS

**Statistical model** for observations ( $y_{ij}$ ) on treatments ( $i = 1, \dots, g$ ) in blocks ( $j = 1, \dots, r$ ):

$$y_{ij} = \mu + \alpha_i + \beta_j + \varepsilon_{ij}, \quad \text{where}$$

- $\alpha_i$  and  $\beta_j \sim$  effects of treatment  $i$  and block  $j$ , respectively,
- the errors  $\varepsilon_{11}, \dots, \varepsilon_{gr}$  are i.i.d. and  $\sim N(0, \sigma^2)$ .
- block effects are (usually) **additive** to treatments:
  - \* **assumes** that tx effects do not depend on blocks (“should” be true?),
  - \* most useful when tx by block interaction believed to be absent or weak,<sup>11</sup>
  - \* **non-additive block effects**: only possible with replicated treatments within blocks or a factorial treatment structure (and omitted interactions).

**Statistical analysis** follows usual ANOVA/linear model principles, except that

- block effects often of less interest (for interpretation),
- blocks are usually not randomized  $\Rightarrow$  (GO) tests for block effects could be omitted entirely,
- possible to compute efficiency of block design relative to completely randomized design (“did the block design work?”), see GO for details (not part of course).

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<sup>11</sup> Ignoring an existing tx by block interaction  $\Rightarrow$  inflated  $\sigma^2$  and loss of power.

(UNREPLICATED) BLOCK DESIGN – EXAMPLE

Mealybug example: (GO Example 13.1)

- changes (before minus after treatment) in counts of mealybugs,
- 3 treatments (water, spores, oil), 5 plants ( $\sim$  blocks),

○ data layout:

Treatment \ Plant	1	2	3	4	5
water	-9	18	10	9	-6
	-6	5	9	0	13
spores	-4	29	4	-2	11
	7	10	-1	6	-1
oil	4	29	14	14	7
	11	36	16	18	15

○ experimental unit:

branches of cycad plants,

○ measurement units:

two patches per branch

treated the same way,

○ outcome: average change across the two patches per branch.

ANOVA table:

Source	DF	SS	MS	F	P-value
Treatments	2	432.0	216.0	12.2	.004
Plants	4	686.4	171.6	(9.7)	(.004)
Error	8	141.8	17.7		
Total	14	1260.2			

\* clear treatment effects:

oil treatment has larger change than the others:

water (4.3)<sup>b</sup>, spores (5.9)<sup>b</sup>, oil (16.4)<sup>a</sup>,

\* plant effects also clearly significant (but less important).

## LATIN SQUARE DESIGN

- **definition:** designs with
  - \*  $g$  treatments,
  - \* two blocking variables,
  - \*  $g^2$  experimental units arranged in a square,
 and every treatment **exactly once in each row / column**,

- **examples:** (cyclic Latin squares, plus permutations)

$g=2$ :

A	B
B	A

B	A
A	B

$g=3$ :

A	B	C
B	C	A
C	A	B

A	C	B
C	B	A
B	A	C

$g=4$ :

A	B	C	D
B	C	D	A
C	D	A	B
D	A	B	C

- **advantage:** takes into account two blockings  
 $\Rightarrow$  potentially more accurate (lower experimental error),
- **disadvantage:** specific requirements for dimensions of design (number of blocks, number of experimental units),
- **randomisation** between squares: not easy to do properly<sup>12</sup>;  
 — a simple and “crude” method randomly permutes rows, columns and symbols,
- **modelling:** additive effects of rows and columns,
- **balanced** in the treatments  $\Rightarrow$  simple analysis (due to orthogonal factors).

<sup>12</sup> Fisher-Yates procedure based on **standard** squares tabled, see GO p. 327.

## LATIN SQUARE DATA EXAMPLE

**Mangold (wurzel) example:** (Mercer & Hall 1911; field trial)

- yield of plots located in a  $5 \times 5$  Latin square and with 5 (unspecified) treatments,

$y_{ijk}$  = weight of mangold in plot with treatment  $i$  at location  $(j, k)$ ,

$i = A, B, C, D, E \sim$  treatments,

$j, k = 1, 2, 3, 4, 5 \sim$  rows and columns,

**technical note:** only some sets  $(i, j, k)$  occur,

- data layout:**  
(treatments and yields)

D 376	E 371	C 355	B 356	A 335
B 316	D 338	E 336	A 356	C 332
C 326	A 326	B 335	D 343	E 330
E 317	B 343	A 330	C 327	D 336
A 321	C 332	D 317	E 318	B 306

- statistical model** (additive treatments and blocks):

$$y_{ijk} = \mu + \alpha_i + \beta_j + \gamma_k + \varepsilon_{ijk},$$

where the  $\varepsilon_{ijk}$ 's are i.i.d. and  $\sim N(0, \sigma^2)$ .

**Note:** Latin squares can be extended to allow for two treatments (and still two blocks)  
→ Graeco-Latin squares (GO Section 13.4).

## MANGOLD DATA RESULTS

### ANOVA table

for additive model:

Source	DF	SS	MS	<i>F</i>	<i>P</i> -value
Rows	4	4240.2	1060.1	(7.25)	(.003)
Columns	4	701.8	175.5	(1.20)	(.36)
Treatments	4	330.2	82.6	0.56	.69
Error	12	1754.3	146.2		
Total	24	7026.6			

- **no indication** of treatment effects, but D highest; we explore contrast comparing D to average of others:

$$\hat{w} = 4\hat{\alpha}_D - \hat{\alpha}_A - \hat{\alpha}_B - \hat{\alpha}_C - \hat{\alpha}_E$$

$$= 4\bar{y}_{D..} - \bar{y}_{A..} - \bar{y}_{B..} - \bar{y}_{C..} - \bar{y}_{E..} = 34.4,$$

$$SE(\hat{w}) = \sqrt{MS_E (4^2 + 1^2 + 1^2 + 1^2 + 1^2)/5} = 24.18,$$

$$t = \hat{w}/SE(\hat{w}) = 34.4/24.2 = 1.42 \sim \text{clearly NS even if pre-planned,}$$

$$SS(\hat{w}) = t^2 MS_E = 295.84 \sim 90\% (295.84/330.24) \text{ of variation,}$$

- **no column effects**, but **clear row effects**:

row 1 > rows 2–4 > row 5 (maybe not particularly interesting).

Further analyses:

- **model reduction**: possible to drop non-significant effects, but not necessary,
- **diagnostics**: all look good.

## INCOMPLETE BLOCK DESIGNS

**Incomplete:** the blocks do not comprise all treatments (combinations of tx factors).

Why of **potential interest**?

- maybe limited block sizes (e.g., litters or twins),
- maybe save experimental units (economy),
- missing values  $\Rightarrow$  incomplete blocks.

**Main points** about incomplete block designs:

- **unbalanced** (in an extreme form)  $\Rightarrow$  order of testing for factors is important: partial SS  $\neq$  sequential SS,<sup>13</sup>
- **“balanced” incomplete block design (BIBD):** balanced in the sense that all pairs of treatments occur equally often in the same block  $\Rightarrow$  same precision on all treatment comparisons,
- many specialised designs exist with certain properties (GO 14.2–7; not in course),
- **statistical analysis:** using methods for (general) linear models, in particular **least squares means**.<sup>14</sup>

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<sup>13</sup> Recall that **partial/adjusted SS**  $\sim$  removing effect while keeping all others, and **sequential SS**  $\sim$  removing effects sequentially (bottom up in ANOVA table).

<sup>14</sup> Recall that **least squares means** are adjusted for other factors by giving their levels/categories equal weights; this would seem the correct approach when unequal representation occurs by design.

## BALANCED INCOMPLETE BLOCK DESIGN (BIBD)

A **BIBD** with  $g$  treatments and  $b$  blocks must meet the requirements,

- all treatments occur the same number of times,  $r$ ,
- all blocks are of the same size,  $k$ ,
- every pair of treatments “meet” the same number of times,  $\lambda$ ,

Then the following relations hold:

$$rg = bk \quad \text{and} \quad \lambda(g - 1) = r(k - 1).$$

**Construction of BIBD's:**

- designs do not always exist (even if above relations satisfied),
- designs tabled in textbooks, e.g. GO or Cochran & Cox.

**Statistical model** has additive treatment and block effects:

$$y_{ij} = \mu + \alpha_i + \beta_j + \varepsilon_{ij}, \quad i = 1, \dots, g \ (\sim \text{treatments}), \quad j = 1, \dots, b \ (\sim \text{blocks}),$$

and where not all pairs  $(i, j)$  occur.

**Technical notes on analysis:**

- treatment SE computable by hand, using “effective sample size” ( $\lambda g/k$ ) instead of  $r$ ,
- “intrablock” analysis  $\sim$  linear model; “interblock” analysis  $\sim$  random effects model.

## BIBD EXAMPLES

### Simplest BIBD:

$(g=3, b=3, r=2, k=2, \lambda=1)$ :

Block	1	2	3
Treat-	A	B	C
ment	B	C	A

### Dish detergent example: (GO Example 14.2)

- count plates before foam disappears, in “sessions” with 3 simultaneous operators and 3 basins,

$y_{ij}$  = number of plates for detergent  $i$  in session  $j$

$i = A, B, C, D, E, F, G, H, J \sim$  detergents, treatments

$j = 1, \dots, 12 \sim$  sessions, blocks,

- experimental layout:

Block	1	2	3	4	5	6	7	8	9	10	11	12
Treat-	A	D	G	A	B	C	A	B	C	A	B	C
ment	B	E	H	D	E	F	E	F	D	F	D	E
	C	F	J	G	H	J	J	G	H	H	J	G

- BIBD with  $g=9, b=12, r=4, k=3, \lambda=1$ ,

- further treatment structure:

- \* A,B,C,D  $\sim$  detergent I + doses 3,2,1,0 of additive,
- \* E,F,G,H  $\sim$  detergent II + doses 3,2,1,0 of additive,
- \* J  $\sim$  control.

## INTRODUCTION TO CROSS-OVER DESIGNS

### Definition of a cross-over trial:

“a trial in which individual subjects are given sequences of treatments with the object of studying differences between individual treatments (or subsequences of treatments)” [1]

- **idea:** each subject forms a block (or one's own control)  
⇒ reduced variation (by eliminating between-subject variation),
- **advantages:**
  - \* (potentially) (much) higher efficiency than completely randomized design,
  - \* individuals' reactions to treatments can be studied,
- **drawbacks:**
  - \* longer execution time ⇒ logistical challenges, greater risk of subject dropouts,
  - \* more complex data analysis (due to added risk of bias caused by carry-over effects), and really a special case of **repeated measures**,
- simple  $3 \times 3$  **Latin square** example: Bioequivalence (GO Example 13.6).

### Common terminology:

- **periods:** occasions where subjects are treated (and measured),
- **carry-over effect:** residual effect from one period to the next,
- **wash-out period:** interval between tx periods to eliminate/reduce carry-over effects.

SIMPLEST DESIGN: AB/BA

- two treatments (A and B),
- two periods (1 and 2),
- two groups of subjects:

	Period 1	Period 2
subject group 1	A	B
subject group 2	B	A

**Data example:** Scents and learning<sup>15</sup> — can pleasant (floral) aromas help a student learn better?

- completion times for pencil and paper mazes for 21 subjects with scented (S) and unscented (U) masks,
- 11 subjects used unscented masks first, 10 subjects scented masks first (1 subject excluded):

Subject	Sequence	mean U	mean S	diff U–S	diff 1–2
1	US	30.6	38.0	-7.4	-7.4
2	SU	48.4	51.6	-3.2	3.2
3	US	60.8	56.7	4.1	4.1
4	SU	36.1	40.5	-4.4	4.4
5	US	68.5	49.0	19.5	19.5
6	SU	32.4	43.2	-10.8	10.8
...	...	...	...		

<sup>15</sup> Reduced data set (Mazes and smells) available at: [das1.datadescription.com](https://das1.datadescription.com).

## ANALYSIS OF AB/BA DESIGN

Assuming **no carry-over effects**, simple approaches will work:

- compare treatments by two-sample analysis (e.g. *t*-test) for differences 1–2,<sup>16</sup>
- compare periods by two-sample analysis (e.g. *t*-test) for differences A–B.

**Combined analysis** of response  $y_{ijk}$  in period  $j$  for  $k$ 'th subject with treatment sequence  $i$ , using the model

$$y_{ijk} = \mu_{ij} + s_{ik} + \varepsilon_{ijk}, \quad \text{where}$$

- \*  $\mu_{ij}$  is the mean for sequence  $i$  in period  $j$ , given by:

sequence $i$	period 1 ( $j=1$ )	period 2 ( $j=2$ )
AB	$\mu + \alpha_A + \beta_1$	$\mu + \alpha_B + \beta_2 + \lambda_{AB}$
BA	$\mu + \alpha_B + \beta_1$	$\mu + \alpha_A + \beta_2 + \lambda_{BA}$

$\alpha_A, \alpha_B \sim$  **treatment** effects;  $\beta_1, \beta_2 \sim$  **period** effects;  $\lambda_{AB}, \lambda_{BA} \sim$  **carry-over** effects,

- \*  $s_{ik}$  is the effect of subject  $k$  with treatment sequence  $i$ ,
- \*  $\varepsilon_{ijk}$  is the error term  $\sim N(0, \sigma^2)$ ,
- \* **same inference** as above if  $\lambda_{AB} = \lambda_{BA} = 0$ ,
- \* **complex analysis** ([1],[2]) if  $\lambda$ 's  $\neq 0$ .

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<sup>16</sup> Treatment comparison by a paired two-sample analysis for measurements for A and B (effectively a one-sample analysis for differences A–B) is only valid when no period effects exist.

MORE TREATMENTS AND PERIODS

Examples of extensions of AB/BA design:

- **2 tx, > 2 periods:** enables modelling of carry-over effects in analysis, e.g. for sequences AABB and BBAA:

Carry-over model	Sequence				Sequence			
	A	A	B	B	B	B	A	A
“prev. period”	–	$\lambda_A$	$\lambda_A$	$\lambda_B$	–	$\lambda_B$	$\lambda_B$	$\lambda_A$
“change only”	–	0	$\lambda_{AB}$	0	–	0	$\lambda_{BA}$	0
“prev. + present”	–	$\lambda_{AA}$	$\lambda_{AB}$	$\lambda_{BB}$	–	$\lambda_{BB}$	$\lambda_{BA}$	$\lambda_{AA}$

- **3 tx, 3 periods:** to ensure balancedness of tx’s in periods traditionally laid out in Latin squares, e.g.,

A B C	A C B
B C A	C B A
C A B	B A C

where rows  $\sim$  periods, columns  $\sim$  subjects, symbols  $\sim$  tx,

- \* simple analysis when no carry-over effects,
- \* desirable to include all sequences by combining two different Latin squares (as shown above),

- **$g$  tx,  $g$  periods:** use (multiple)  $g \times g$  Latin squares,
- **$g$  tx,  $k < g$  periods:** use incomplete block design, preferably BIBD  $(g, b, k, r, \lambda)$ .

## COMBINING LATIN SQUARES

### Multiple Latin squares in same design:

- increases the error degrees of freedom  $\Rightarrow$  larger power,
- several extra options for modelling, depending on data context.

**Notation/Model:** 
$$\begin{cases} y_{ijkl} = \text{outcome for tx } i \text{ in row } j \text{ and column } k \text{ in square } l, \\ y_{ijkl} = \mu + \alpha_i + \beta_{j(l)} + \gamma_{k(l)} + \varepsilon_{ijkl}, \end{cases}$$

- row ( $\beta_{j(l)}$ ) and column ( $\gamma_{k(l)}$ ) effects “nested in” (separate for) squares  $\sim$  different effects across squares,
- a block effect may be assumed the same in all squares, e.g. for periods:
  - \* **same effects** if all subjects go through same periods,
  - \* **different effects** if periods are not the same (e.g. due to different ages of subjects),

### Modelling refinements:

- **square type**<sup>17</sup> interactions: carry-over effects may show up as interactions between square type and periods,
- **residual effects** may be modelled directly to split each tx effect into “direct” and “residual” effects.

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<sup>17</sup> The square type is determined by the carry-over combinations it contains.

LATIN SQUARE CROSS-OVER TRIAL EXAMPLES

Bioequivalence trial (GO Example 13.10) with 12 subjects in 4 Latin squares.

Milk production example ~ cross-over trial (GO Example 13.12):

- o milk yield of cows during three periods with different diets,

$y_{ijkl}$  = yield for cow  $k$  in square  $l$  in period  $j$  on diet  $i$   
 $i$  = A,B,C ~ diets (roughage, limited grain, full grain)  
 $j$  = 1, 2, 3 ~ period (for each cow),  
 $k$  = 1, ..., 3 ~ cow number (within squares)  
 $l$  = 1, ..., 6 ~ Latin square number.

	Cow			Cow			Cow		
Period	1	2	3	7	8	9	13	14	15
1	A	B	C	A	B	C	A	B	C
2	B	C	A	B	C	A	B	C	A
3	C	A	B	C	A	B	C	A	B
	Cow			Cow			Cow		
Period	4	5	6	10	11	12	16	17	18
1	A	B	C	A	B	C	A	B	C
2	C	A	B	C	A	B	C	A	B
3	B	C	A	B	C	A	B	C	A

- o 6 separate Latin squares,
  - \* two types of Latin squares (top/bottom), 3 replicates of each,
  - \* top ~ diet order AB, BC, CA; bottom ~ AC, CB, BA,

- o basic statistical model (additive, no square effects),

$$y_{ijkl} = \mu + \alpha_i + \beta_j + \gamma_{k(l)} + \epsilon_{ijkl}, \text{ or}$$

$$y_i = \mu + \alpha_{\text{diet}(i)} + \beta_{\text{per}(i)} + \gamma_{\text{cow}(i)} + \epsilon_i,$$

where the errors are i.i.d. and  $\sim N(0, \sigma^2)$ .